

# **B3 Alert** for Maximum Energy and Focus



**Energy**

**Focus**

**Alert**

**B3 Alert** gives you 15 ingredients that are specifically formulated for total Energy, Focus and a feeling of Alert. These ingredients work synergistically in a powerful and natural way to give you the energy and brain power you need on a daily basis!

Your brain makes up only 2% of your body weight, yet it consumes roughly 20% of your body's energy when at rest.

**The human brain needs a tremendous amount of nutrition to stay focused throughout the day.** We understand this need for fueling your Brain.

Most energy drinks only focus on caffeine that can leave you with jitters and a crash. **B3 Alert provides you with both energy and brain fuel nutrients to give you a feeling of Energy, Focus and feeling Alert.**



## B3 Energy & Focus Factors

**Green Coffee Caffeine:** Delivers a natural stimulant that won't give you jitters or a post energy crash. It is equivalent to the caffeine in a cup of coffee.

**Gaurana, Green Tea, and Grape Skin Powder:** Three all-natural sources of energy, in small amounts, work synergistically to maximize your natural boost in energy.

**Glucuronolactone, Taurine, Acetyl-L Tyrosine, B-12, and Carnitine:** These 5 ingredients are natural and safe and have been proven to work synergistically with caffeine to give you natural energy.

**Huperzine-A:** A cognitive enhancer that works to increase acetylcholine. Acetylcholine is known as the learning neurotransmitter, and is involved in muscle contraction as well. Huperzine-A is quickly becoming known as a natural way to greatly increase mental focus and brain power.

**Citicoline:** Nature's way of keeping the brain's energy-producing centers firing. Citicoline supplies your brain with energy it needs to stay sharp.

**GABA:** A chemical that is made in the brain, is known for relieving anxiety and improving mood.

**Alpha GPC:** A cholinergic compound that rapidly delivers choline to the brain, for focus and brain power.

**L-Theanine:** L-Theanine with caffeine has been shown to promote cognition and attention in the brain.

**Ginkgo Biloba:** An ancient herb that is well known as a natural way to keep your memory sharp.

## Compare **B3 Alert** to Other Energy Drinks - There is no Comparison

**Aloe for Absorption:** We use a patented Aloe technology to greatly increase absorption of the ingredients.

**Gooseberry:** Also known as Amla, this SuperFood has been used for generations around the world for its high nutritious values.

**Natural vs Synthetic Caffeine:** Most Energy drinks use a caffeine that is synthetic. This synthetic caffeine is responsible for harsh side effects. Alert used all natural caffeine.

**Natural vs Preservatives:** If you are consuming liquid energy drinks, you are polluting your body with preservatives. There are never any preservatives in B3 RTM (Ready to Mix) products.

### Supplement Facts

Serving Size 1 Stick Pack (6g)  
Servings Per Container 14

	Amount per serving	% Daily Value
Calories	10	
Total Carbohydrate	3 g	1%*
Vitamin B <sub>12</sub> (as Cyanocobalamin)	500 mcg	20833%
Calcium	38 mg	3%
Sodium	5 mg	< 1%

Proprietary Blend 2000 mg \*\*  
Glucuronolactone, Taurine, Caffeine (from Coffee Beans), L-Theanine, N-Acetyl L-Tyrosine, Cognizin® Citicoline, L-Carnitine, Alpha-Glycerol Phosphoryl Choline, GABA (Gamma-Aminobutyric Acid), Green Tea Leaf Extract, Ginkgo Biloba Extract, Aloe Vera, Guarana Seed Powder, Amla Fruit Extract (Goose berry), Huperzine A



Other Ingredients: Maltodextrin, Malic Acid, Natural Flavor, Calcium Silicate, Silicon Dioxide, Sucralose, Beet Root Extract (color), Grape Skin Extract (color).